

GREAT FUTURES START **HERE.**



January 2022

SNACK

(*Red=Whole Grain)

Monday	Tuesday	Wednesday	Thursday	Friday
3 Ritz Bits Milk	4 Fruit Milk	5 Doritos Juice	6 Cheez its Juice	7 Cook's Choice Juice/Water/Milk
10 Fruit Milk	11 Cinnamon Crackers Milk	12 Pretzel Juice	13 SunChips Juice	14 Cook's Choice Juice/Water/Milk
17 Fruit Milk	18 Cereal Milk	19 Goldfish Juice	20 Cheetos Juice	21 Early Out Day Cooks' Choice Juice /Water/Milk
24 Fruit Milk	25 Graham Cracker Milk	26 Ritz Bits Juice	27 Chex Mix Juice	28 Cook's Choice Juice/Water/Milk
31 Bug Bites Milk				

Subject To Change

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