

GREAT FUTURES START **HERE.**



July 2021

BREAKFAST

(*Red = Whole Grain)

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
			1 Cereal Fruit Milk	2 Cook's Choice Fruit Milk
5 Closed	6 Waffles Fruit Milk	7 Cereal Fruit Milk	8 Cereal Fruit Milk	9 Cook's Choice Fruit Milk
12 Cereal Fruit Milk	13 Sausage Wrap Fruit Milk	14 Cereal Fruit Milk	15 Cereal Fruit Milk	16 Cook's Choice Fruit Milk
19 Cereal Fruit Milk	20 French Toast Fruit Milk	21 Cereal Fruit Milk	22 Cereal Fruit Milk	23 Cook's Choice Fruit Milk
26 Cereal Fruit Milk	27 Bagel Fruit Milk	28 Cereal Fruit Milk	29 Cereal Fruit Milk	30 Cook's Choice Fruit Milk

SUBJECT TO CHANGE

updated June 25, 2021

GREAT FUTURES START **HERE.**



July 2021

LUNCH

(*Red = Whole Grain)

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
			1 Cook's Choice Fruit Veggie Milk	2 Sack Lunch Fruit Veggie Milk
5 CLOSED	6 Hot Dogs w/ Bun Fruit Veggie Milk	7 Taco Burger w/ Bun Fruit Veggie Milk	8 Chicken Fingers Fruit Veggie Milk	9 Cook's Choice Fruit Veggie Milk
12 Chicken Nuggets Fruit Veggie Milk	13 Beefy Nachos Fruit Veggie Milk	14 Pizza Sticks Fruit Veggie Milk	15 FishShapes Fruit Veggie Milk	16 Cook's Choice Fruit Veggie Milk
19 Chicken Patty w/ Bun Fruit Veggie Milk	20 Meatballs Sub w/ Bun Fruit Veggie Milk	21 Mini Corn Dog Fruit Veggie Milk	22 Quesadillas Fruit Veggie Milk	23 Cook's Choice Fruit Veggie Milk
26 Hot Dog w/ Bun Fruit Veggie Milk	27 Popcorn Chicken Fruit Veggie Milk	28 McRib w/ Bun Fruit Veggie Milk	29 Pizza Fruit Veggie Milk	30 Cook's Choice Fruit Veggie Milk

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created June 21, 2021

GREAT FUTURES START HERE.



July 2021

SNACK

(*Red = Whole Grain)

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
			1 Ritz Bits Juice	2 Cook's Choice Milk/Juice/Water
5 Closed	6 Fruit Milk	7 Cheetos Juice	8 SunChips Juice	9 Cook's Choice Milk/Juice/ Water
12 GoldFish Milk	13 Fruit Milk	14 Chex Mix Juice	15 Doritos Juice	16 Cook's Choice Milk/Juice/Water
19 Honey Grahams Yogurt Water	20 Fruit Milk	21 Tortilla Chips Cheese/Salsa Water	22 Bug Bites Juice	23 Cook's Choice Milk/Juice/ Water
26 Scooby Graham Crackers Milk	27 Fruit Milk	28 Pretzels Cheese Stick Water	29 Cheez its Juice	30 Cook's Choice Milk/Juice/ Water

SUBJECT TO CHANGE

created June 21, 2021