

GREAT FUTURES START **HERE.**



BOYS & GIRLS CLUB
OF WATERTOWN

August 2017
Arrow Prep Snack

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Banana Milk	2 Pretzel's Milk	3 Fresh Veggie Milk	4 Cheese Crackers Water
7 Dorito's Juice	8 Orange Milk	9 Animal Crackers Milk	9 Fresh Veggie Milk	11 Ritz Bltz Yogurt Water
14 Blueberry Muffin Juice	15 Apple Milk	16 Sun Chips Milk	17 Fresh Veggie Milk	18 Chex Mix String Cheese Water
21 Chocolate Chunk Oatmeal Bar Juice	22 Banana Milk	23 Gold Fish Milk	24 Fresh Veggie Milk	25 Soft Pretzel Nacho Cheese Water
28 Graham Crackers Juice	29 Orange Milk	30 Cheese It's Milk	31 Fresh Veggie Milk	