

# GREAT FUTURES START HERE.



**BOYS & GIRLS CLUB  
OF WATERTOWN**

**August 2017**

**Arrow Prep**

**Lunch**

	1 Popcorn Chicken Veggie Fruit Milk	2 Fish Shapes Veggie Fruit Milk	3 Hamburger on Bun Curly Fries Fruit Milk	4 Chicken Nuggets Veggie Fruit Milk
7 Hot Dog's Baked Beans Fruit Milk	8 Walking Taco Lettuce Salad Fruit Milk	9 Breaded Pork Chop Mashed Potatoes Fruit Milk	9 Cook's Choice Veggie Fruit Milk	11 Sack Lunch (Turkey Sandwich) Veggie Fruit Milk
14 Sack Lunch (Roast Beef Sandwich) Veggie Fruit Milk	15 Sack Lunch (Ham Sandwich) Veggie Fruit Milk	16 Sack Lunch (Meat & Cheese Wrap) Veggie Fruit Milk	17 Beefy Nachos Veggie Fruit Milk	18 Taco Burger on bun Veggie Fruit Milk
21 Cheddar Brat on Bun Veggie Fruit Milk	22 Cook's Choice Veggie Fruit Milk	23 Popcorn Shrimp Veggie Fruit Milk	24 Cheese Quesadilla Veggie Fruit Milk	25 Sloppy Joe Veggie Fruit Milk
28 Meatball Sub Veggie Fruit Milk	29 Popcorn Shrimp Veggie Fruit Milk	30 Pulled Pork Sandwich Veggie Fruit Milk	31 Pizza Veggie Fruit Milk	